

EDMONTON
JUNIOR
TENNIS
SOCIETY



GARNEAU

ACE THE CLAY

TENNIS FOR ALL BIG & SMALL

**EJTS HALF-DAY CAMPS AT
GARNEAU TENNIS CLUB**

JOIN THE **ACE THE CLAY** CAMP AT THE GARNEAU TENNIS CLUB JULY AND AUGUST 2025!

These half-day camps invite children of all backgrounds and skill levels to come together in a supportive and welcoming environment. Kids will not only learn the fundamentals of tennis but also develop physical literacy, teamwork, sportsmanship, and confidence!

At the **Ace the Clay** camp, we prioritize creating a fun and inclusive space where children can build healthy habits, make new friends, and enjoy the game of tennis. Held on the clay courts of the Garneau Tennis Club, our camp provides a unique opportunity for kids to safely develop their skills and experience the strategic advantages of playing on clay.

Every registration includes a free racquet, promoting long-term engagement with tennis as a life-long sport!

Our expert coaches are Tennis Professionals Association (TPA) certified. They are committed to helping your child grow, learn, and thrive—both on and off the court! Edmonton Junior Tennis Society is committed to providing affordable and accessible lessons, expert coaching, and a supportive community for all. **Ace the Clay** will encourage participants to engage in supportive and social relationships with the coaches and other participants.

Children aged 6-17 will have the opportunity to learn and improve their groundstroke techniques, footwork, serving skills, court awareness, hand-eye coordination, and movement abilities during this camp. Through a combination of drills, gameplay, and fun activities, kids will develop essential tennis skills in a dynamic, engaging setting. Playing in a group environment fosters a supportive atmosphere, while coaches will simultaneously offer individualized attention and feedback to help each child grow and succeed. Participants will also receive off-court training to enhance their physical literacy. All training will be age appropriate in order to ensure children receive the support they need to thrive.

Tennis for all, big or small!



Court Explorers

Ages 6-9

Court Explorers will focus on building fundamental tennis techniques while having fun through a variety of engaging activities, drills, and games. Physical literacy will be developed through games that enhance hand-eye coordination and motor skills. This camp is designed to be enjoyable while teaching children ages 6-9 key tennis skills, coordination, and overall physical literacy. No previous tennis experience required.

Power Players

Ages 10-13

Power Players will help children aged 10-13 develop tennis techniques that align with their body awareness. Participants will focus on tennis drills, matchplay, and skill development for both singles and doubles play. The camp will emphasize physical literacy through conditioning, footwork drills, and balance exercises. Group games will foster teamwork and sportsmanship, creating an environment where players can learn and grow together. No previous tennis experience required.

Future Legends

Ages 14-17

Future Legends is designed to help participants refine both their tennis and athletic skills. In this camp, players will learn proper grip, swing, and serve techniques, laying the foundation for more advanced play. Once these fundamental skills are established, participants will shift focus to gameplay, working on both singles and doubles strategies. Drills will emphasize teamwork, game preparation, and match strategies, helping kids become more strategic players. This camp will also include exercises to improve balance, agility, endurance, and overall fitness.

Dates	Days	Time
Jul 7 - Jul 11	M-F	8:00AM - 12:00PM
Jul 14 - Jul 18	M-F	8:00AM - 12:00PM
Aug 11 - Aug 15	M-F	8:00AM - 12:00PM
Aug 18 - Aug 22	M-F	8:00AM - 12:00PM

Cost

\$175.00 per participant per camp + annual membership fee of \$30.00 if not already owned. One membership covers the entire family and only needs to be paid once per year.

Where

Outdoor location: Garneau Tennis & Beach Volleyball Club (Garneau Park, 10943 84 Ave NW Edmonton, AB T6G 0V4)

Indoor/Back-Up Location: *Undecided* (weather dependent)



WHAT'S

INCLUDED:

FREE RACQUET

EXPERT COACHING

STRUCTURED PROGRAMMING

INDIVIDUALIZED FEEDBACK

CLAY TENNIS COURTS

PHYSICAL CONDITIONING

PROGRAM

VALUES

INCLUSIVITY

PERSONAL GROWTH

COMMUNITY

EMPOWERMENT

CONFIDENCE

TEAMWORK

HEALTHY HABITS

SPORTSMANSHIP



DAILY SCHEDULE

Monday:

Participants will focus on mastering the fundamentals of tennis, with an emphasis on skill development and improvement.

Tuesday:

Participants will practice various drills and gameplay to enhance their technique and consistency.

Wednesday:

Participants will engage in physical conditioning tailored to tennis-specific movements, boosting strength and agility.

Thursday:

Participants will combine their new muscle-mind connection with previously learned tennis skills to take their game to the next level. They may also be introduced to real tennis scoring.

Friday:

Participants will put their new skills into action during friendly matchplay, applying what they've learned in a fun and supportive environment.

WHAT TO BRING

- ♦ **Water bottle**
- ♦ **Comfortable, weather appropriate athletic clothing**
- ♦ **Tennis/Running shoes**
- ♦ **Hat/Visor**
- ♦ **Sunscreen**

BENEFITS OF PLAYING ON CLAY:

Clay courts produce a slower ball bounce, giving players more time to react and prepare their shots. This improves technique, control, and consistency. Slower nature of clay allows for longer rallies, which can improve a player's endurance. The soft material of clay reduces injury as there is less impact on a player's joints and the surface is less abrasive. A slower game allows a player to be more thoughtful and strategic of their game.

Our partners - Garneau Tennis Club will be offering discounts on their Junior Tennis Memberships for summer camp participants!

HOW TO REGISTER

Registration opens at 9:00AM on Saturday, February 1, 2025 on edmontonjuniortennis.com

SCAN TO REGISTER



